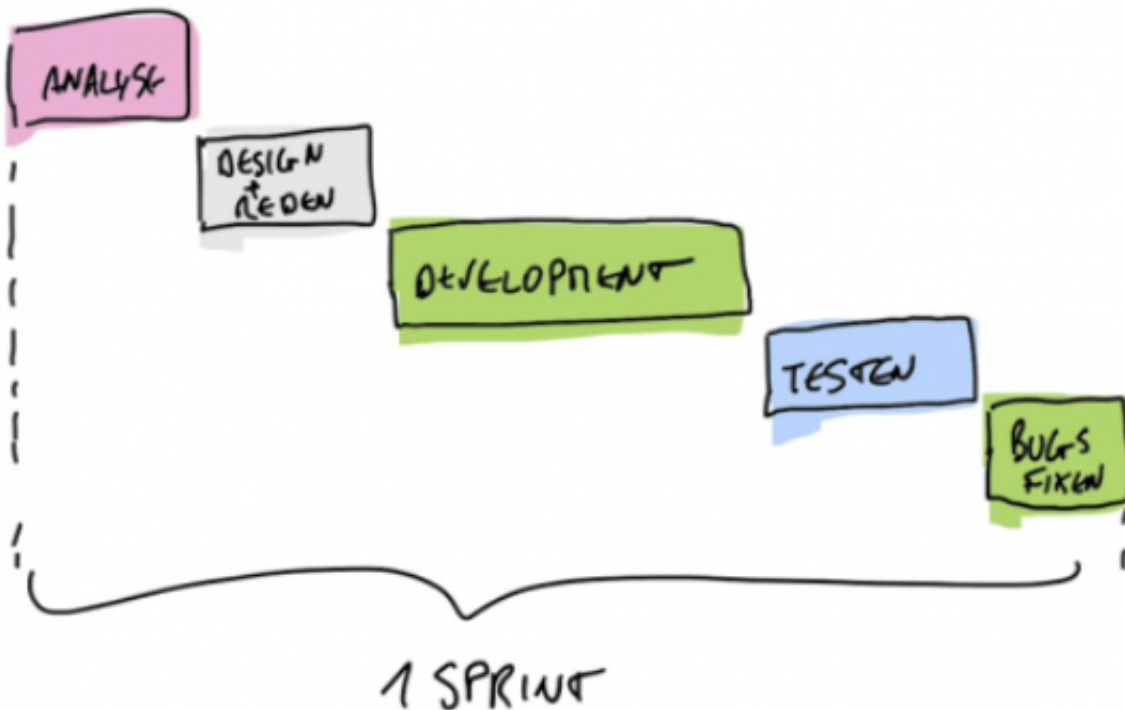


## Stop Using 2 Week Sprints

How can you escape the Sprint Mini Waterfall approach?

I work with a lot of Scrum Teams and many are doing mini waterfalls in every Sprint.



**Start your next retrospective with this idea → cut the Sprint in half.**

Get the team together and ask them

*We cut the sprint in half. We are going from 1-week sprints into two days sprints.*

Usually you get a lot of resistance. People say ah that doesn't work because:

- our build server is too slow or

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- we need to document something every time and that takes at least 48 hours or
- our testing team is so slow
- and
- many
- more
- things
- ...

Now that's cool because now you have a problem to fix.

→ Fix that problem ?

With this mindset "cut the Sprint in half" you find new problems that you can tackle all the time.

## How to get from waterfall to 1 week Sprints?

What works well in my experience is the following sequence (perhaps one could also say progression in the team):

**1 We focus on 1-piece flow**

**2 We build in quality from the start**

**3 We automate a lot of tests**

... and can focus us as humans on the exciting manual exploratory tests.

**4 We work Test-Driven in TDD**

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### 5 We help build the best system

*I have explained this in details in this video:*  
[How Testing is Different in an Agile Project](#)

Read the full details here on [scrum.org where I expand on the 5 practices that help with Agile Software Development.](#)

<https://youtu.be/NLRn0OLaGhU>

We Go Beyond Agile

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